










WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Meatballs in a tomato sauce with spaghetti 	Paprika pork with rice	Roast gammon with pineapple and roast potatoes	Chicken and tomato pasta bake	Fish of the day with chips
VEGETARIAN MAIN DISH	Vegetarian shepherd's pie 	Vegetable curry with rice 	Vegetable cobbler and roast potatoes 	Piri piri Quorn™ and bean pitta with a jacket potato 	Lentil and bean patties with chips
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Peach and raspberry cobbler and custard 	Chocolate crunch	Rice pudding with fruit compote 	Oat and apricot crunch	Fruit and ice cream
FRESH FRUIT & YOGHURT 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION